

| | | | |
|----------|-----------|-----------|---------|
| A-Jugend | D-Jugend | F1-Jugend | Bambini |
| B-Jugend | E1-Jugend | F2-Jugend | |
| C-Jugend | E2-Jugend | G-Jugend | |

Stand 01.07.2021

Trainingszeiten Kunstrasenplatz (Sommerzeit ohne Vossheide)

| | | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | |
|-------|-------|----------------------------|-----------|----------------------------|-----------|----------------------------|-----------|---------------------------|-----------|---------------------------|-----------|----------------------------|-----------|----------------------------|-----------|---------------------------|-----------|---------------------------|-----------|-----------|-----------|
| | | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz |
| 16:00 | 16:15 | | | | | | | | | | | | | | | | | | | | |
| 16:15 | 16:30 | | | | | | | | | | | | | | | | | | | | |
| 16:30 | 16:45 | | | | | | | | | | | | | | | | | | | | |
| 16:45 | 17:00 | | | | | | | | | | | | | | | | | | | | |
| 17:00 | 17:15 | | | | | | | | | | | | | | | | | | | | |
| 17:15 | 17:30 | | | | | | | | | | | | | | | | | | | | |
| 17:30 | 17:45 | E2-Jugend 17:00 - 18:30 | | D-Jugend 17:00 - 18:30 | | | | G-Jugend 17:00 - 18:00 | | Bambini 17:00 - 18:00 | | E2-Jugend 17:00 - 18:30 | | E1-Jugend 17:00 - 18:30 | | | | C-Jugend 17:00 - 19:00 | | | |
| 17:45 | 18:00 | | | | | | | | | | | | | | | | | | | | |
| 18:00 | 18:15 | | | | | | | | | | | | | | | | | | | | |
| 18:15 | 18:30 | | | F1-Jugend 17:30 - 19:00 | | F2-Jugend 17:45 - 19:00 | | B-Jugend 18:00 - 19:30 | | | | | | F1-Jugend 17:30 - 19:00 | | B-Jugend 18:00 - 19:30 | | | | | |
| 18:30 | 18:45 | | | | | | | | | | | | | | | | | | | | |
| 18:45 | 19:00 | | | | | | | | | | | | | | | | | | | | |
| 19:00 | 19:15 | A-Jugend 18:30 - 20:00 | | | | | | | | A-Jugend 18:30 - 20:00 | | | | | | | | | | | |
| 19:15 | 19:30 | | | | | | | | | | | | | | | | | | | | |
| 19:30 | 19:45 | | | | | | | | | | | | | | | | | | | | |
| 19:45 | 20:00 | | | | | | | | | | | | | | | | | | | | |
| 20:00 | 20:15 | | | | | | | | | | | | | | | | | | | | |
| 20:15 | 20:30 | | | | | | | | | | | | | | | | | | | | |
| 20:30 | 20:45 | | | | | | | | | | | | | | | | | | | | |
| 20:45 | 21:00 | | | | | | | | | | | | | | | | | | | | |
| 21:00 | 21:15 | | | | | | | | | | | | | | | | | | | | |
| 21:15 | 21:30 | | | | | | | | | | | | | | | | | | | | |
| 21:30 | 21:45 | | | | | | | | | | | | | | | | | | | | |
| 21:45 | 22:00 | | | | | | | | | | | | | | | | | | | | |

Trainingszeiten Rasenplatz

| | | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | |
|-------|-------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| | | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz | 1/4 Platz |
| 16:00 | 16:15 | | | | | | | | | | | | | | | | | | | | |
| 16:15 | 16:30 | | | | | | | | | | | | | | | | | | | | |
| 16:30 | 16:45 | | | | | | | | | | | | | | | | | | | | |
| 16:45 | 17:00 | | | | | | | | | | | | | | | | | | | | |
| 17:00 | 17:15 | | | | | | | | | | | | | | | | | | | | |
| 17:15 | 17:30 | | | | | | | | | | | | | | | | | | | | |
| 17:30 | 17:45 | | | | | | | | | | | | | | | | | | | | |
| 17:45 | 18:00 | | | | | | | | | | | | | | | | | | | | |
| 18:00 | 18:15 | | | | | | | | | | | | | | | | | | | | |
| 18:15 | 18:30 | | | | | | | | | | | | | | | | | | | | |
| 18:30 | 18:45 | | | | | | | | | | | | | | | | | | | | |
| 18:45 | 19:00 | | | | | | | | | | | | | | | | | | | | |
| 19:00 | 19:15 | | | | | | | | | | | | | | | | | | | | |
| 19:15 | 19:30 | | | | | | | | | | | | | | | | | | | | |
| 19:30 | 19:45 | | | | | | | | | | | | | | | | | | | | |
| 19:45 | 20:00 | | | | | | | | | | | | | | | | | | | | |
| 20:00 | 20:15 | | | | | | | | | | | | | | | | | | | | |
| 20:15 | 20:30 | | | | | | | | | | | | | | | | | | | | |
| 20:30 | 20:45 | | | | | | | | | | | | | | | | | | | | |
| 20:45 | 21:00 | | | | | | | | | | | | | | | | | | | | |
| 21:00 | 21:15 | | | | | | | | | | | | | | | | | | | | |
| 21:15 | 21:30 | | | | | | | | | | | | | | | | | | | | |
| 21:30 | 21:45 | | | | | | | | | | | | | | | | | | | | |
| 21:45 | 22:00 | | | | | | | | | | | | | | | | | | | | |